

# Atlantic Family Forum – Program at a Glance\*\*

May 28-10, 2010: Oak Island Resort, Nova Scotia

Friday May 28 (Day 1)	Saturday May 29 (Day 2)		Sunday May 30 (Day 3)		
3:00-5:00 p.m. Check in and registration Fireside Lounge	Breakfast (Bluenose A) 7:15-8:30 a.m.	Registration (Reception Area) 8:00-8:30 a.m.	Breakfast (Bluenose A) 7:15-8:45 a.m.		
† bring a framed photo of your loved one	6:00 p.m. Dinner & Reflections Ceremony †	8:30-4:00 p.m. Children's Activities (Mezzanine)			
		8:45-9:00 a.m. Welcome: <i>Shelley Rowan</i>			
		9:00-9:30 a.m. Keynote Session: <i>Marilyn D'Entremont</i>			
		9:30-9:45 a.m. Coffee break (Bluenose Reception Area)			
		9:45-11:30 a.m. Workshops (4)			
		<b>*Masks of Grief and Loss</b> <i>Shirley Hickman</i> Lunenburg	<b>Supporting Your Children as They Cope with Loss &amp; Grief</b> <i>Nick Zwaagstra</i> Bluenose B	<b>Understanding the Legal System When a Workplace Tragedy Occurs</b> <i>Peter Craig</i> Chester Room	
		<b>Injured Workers Group: Grief, Gripes and Growth</b> <i>Roy Ellis</i> La Have Room	<b>*Listening Skills Level 2: Caring Responses to Anger and Hopelessness</b> <i>Roy Ellis</i> (Bluenose B)		
				<b>Colour My Grief</b> <i>Nick Zwaagstra</i> (Lunenburg Room)	
				<b>Masks of Grief and Loss</b> <i>Shirley Hickman</i> (Chester Room)	
				<b>Widows Moving Forward and Society's Expectations</b> <i>Audrey Stringer</i> La Have Room	
		11:30 – 12:30 p.m. Networking lunch (Bluenose A room)		Closing Lunch	
		12:30-3:00 p.m. Workshops (3)		 <p style="font-size: small;">Association for Workplace Tragedy Family Support <a href="http://www.threadsoflife.ca">www.threadsoflife.ca</a></p> <p style="font-size: x-small;">* Recommended suggestions for first-time participants **Program subject to change.</p>	
		<b>A. Listening Skills Level 1: Listening to Loss*</b> <i>Roy Ellis</i> (Blue Nose B)	<b>B. Exploring the Loss of a Loved One</b> <i>Karen Simmonds</i> (Chester Room)		
		<b>C. Families Living with a Life-altering Injury or Occupational Disease</b> <i>Audrey Stringer</i> (Lunenburg Room)			
	3:00-3:15 p.m. Coffee Break (Bluenose Reception Area)				
	3:15-5:00 p.m. Concurrent Sessions (3)				
	<b>The OSH Officer's Role in Workplace Investigations in NS</b> <i>Vince Garnier</i> (Lunenburg Room)				
	<b>Men and Loss (Men Only)</b> <i>Patricia O'Halloran</i> (Chester Room)				
	<b>Superwomen – Taking Time</b> <i>Karen Simmonds</i> (Bluenose B)				
	6:00-7:30 p.m. Reception, Dinner and Volunteer Recognition				