



FACT SHEET

WHO: Threads of Life is a national, not-for-profit charity that is dedicated to helping Canadian families along their journey of healing who have been affected by a workplace fatality, life-altering injury or occupational disease. It provides a network of hope and healing for more than 700 families through one-on-one peer support, links to community support services and the opportunity to take action to help prevent similar tragedies to other families. It offers the only peer support program in the world to family members that is delivered by trained **Volunteer Family Guides** who have experienced their own workplace tragedy.

WHY: Threads of Life was created in 2003 to fill a major gap in Canada's health and safety and social systems. There is no well-known "number" to call or place to go to find the kind of emotional support and caring often required to make it through the aftermath of a workplace fatality or severe injury/illness in Canada.

Threads of Life helps families by providing

- a Family Support Program which offers one-on-one peer support to family members and friends who have suffered a workplace fatality, life-altering injury or occupational disease
- a support network to those who have experienced similar pain and suffering
- links to community support services
- advisory support regarding the workplace investigation and inquest process, and
- opportunities to promote workplace injury prevention and awareness within their own community.

WHERE: Threads of Life serves more than 700 families living with the impact of a workplace tragedy across Canada.

WHAT: Threads of Life offers families three main areas of services: **Family Support, Partnerships** (to help them navigate through the investigative processes), and **Community Action** (to help them take action in public awareness and prevention initiatives by joining the **Speakers Bureau** or participating in the popular **Steps for Life – Walking for Victims of Workplace Tragedy** event held the first Sunday every May).

CONTACT INFORMATION:

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